

Follow the water safety code

You can help the Seaside Award beach meet the award criteria and keep yourself safe by following this simple code



Check the notice boards for local information about water quality and safety procedures at the beach.

Know where the phone is in case you need to call the coastguard for help on 999.



Always check to see if the beach is zoned. If it is only carry out your chosen activity in its zone.

Beware of the dangers and tides and never swim alone or after food or alcohol